

> 14 Prime Minister visit



> 15 Cole on crime



> Centre Fun Day programme



thenewhammag

issue 189 // 19 February 2010



Minding your business

ASB investigation officers make trader smile (p10)



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In this edition we're bringing you news of more measures to keep our residents and businesses safe. From exposing the conmen who are tricking people with street gambling scams (p8) to the work of our anti-social behaviour investigations team (p10) we're cracking down on those working outside the law.

Catch up with author Martina Cole as one of her novels has its world-premier on the Stratford stage (p15) and read about NewVic's famous teacher-turned-novelist whose book is about to be turned into a television series (p20). All this and more awaits you inside.

Councillor June Leitch

Executive member for anti-social behaviour

Don't forget – If you live in East Ham, Royal Docks, Forest Gate or Custom House and Canning Town community forum areas, look inside for local news and events in In Focus.

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Regulars

- 04 NEWS** – Two pages of news from across the borough
- 06 MAYOR'S VIEW** – News from Sir Robin Wales
- 18 NEWHAM IN PICTURES** – Your fortnight in photos
- 20 WORKING LIVES** – Saci Lloyd, Newham's teacher-novelist
- 24 YOUR SPACE** – Jake Williams and Shannon Barnett on their diploma
- 26 YOUR NEWHAM** – Community news from across the borough
- 28 KIDS' CORNER** – Poems, pictures and puzzles for our younger readers
- 30 WHAT'S ON** – Five pages of activities and events for you to try – most of them free



10



20



14



CENTRE

Features

- 08 EXPOSING THE CONMEN** – tackling street gambling
- 10 SAFER NEIGHBOURHOODS** – looking after businesses and residents
- 12 MOVE OF THE MONTH** – squat your way to gorgeous gluts
- 14 PM PAYS A VISIT** – and checks out our services for older people
- 15 MARTINA COLE** – on her novel's stage debut
- 16 HOME DELIVERY** – giving birth at home

CENTRE PAGES

- special Sunday Fun Day pullout programme
- 22 OLYMPIC PLANS** – Young Mayor talks to the Olympic Park Legacy Company

IN BRIEF //

Cash for more primary school places

Newham is one of 34 UK authorities to be awarded £17.4m from the Government to help create more than 2,000 additional primary school places for children aged three to 11.

Newham's birth rate has increased by over 25 per cent in the last five years and this funding will ensure that all children have a school place.

The majority of the places will be created at Brampton and Vicarage primary schools in East Ham, and Dersingham Infant, Sheringham Junior and Avenue primary schools, Manor Park.

Sign up for 2.5k Family Run

Places are still available for the 2.5k Newham London Family Fun Run, taking place on Sunday 7 March at 9am.

The course starts and finishes beside Stratford Park and entrants must be aged five and over; entry fee is £5 per participant and runners will receive a goody bag.

After the event enjoy the Sunday Fun Day with lots of free entertainment including street entertainers, a dance competition with Strictly Come Dancing's Brendan Cole, fun rides, face painting and more!

Register now at www.newhamlondonrun.org

Landlord admits string of charges

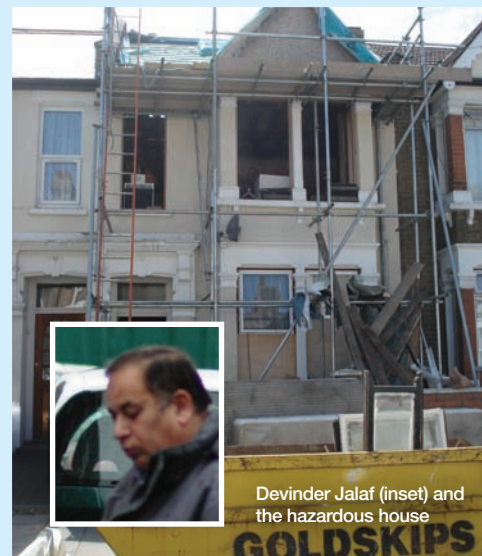
A landlord who rented a property in which tenants lives were routinely put at risk was told by a judge it was one of the "worst cases" he had seen.

Stratford Magistrates' Court heard how Devinder Jalaf, 53, rented out the home for three years until an investigation led to housing officers being alerted. The property on Thorngrove Road, Plaistow, was continually under construction, with a tarpaulin roof, no ceiling in parts, no front windows on the first floor, bare circuitry and a bedroom erected in the fire escape gangway next to a cooker. Tenants are believed to have paid up to £340 per month to stay at the property.

Jalaf admitted 23 offences under the Management of Houses in Multiple Occupation and Housing Act. A further charge was accepted in failing to act on a notice served to gather details on the landlord and property. Jalaf was fined £5,000.

District Judge Haydn Gott said: "This is certainly one of the worst cases I have seen in breach of these regulations."

Councillor Andrew Baikie, executive member for housing, process and business efficiency, said: "Greedy landlords cashing in on vulnerable people have no place in Newham."



Devinder Jalaf (inset) and the hazardous house

Scholarships at Deborah Day Theatre School

Newham's Deborah Day Theatre School Trust is inviting tomorrow's talent to sing, dance or act their way to a scholarship.

The well established school based in Plaistow is inviting residents aged six to 18 to audition; eight will be awarded a free one hour class per week for a year, made possible through a fundraising gala held last year.

Scholarships will be awarded in eight different categories: ballet, tap and modern dance, singing, drama, Hip-Hop, acrobatics and an all rounder. Applicants will take part in a drama, singing or dance workshop. Anyone auditioning for dance or song should come prepared with a piece for performance.

Auditions take place from 2.30pm on Saturday 27 February at The Hartley Centre, 267 Barking Road, E6. Registration is essential. Call 0208 502 6866 or email info@ddtst.com with your name and age.

News

Plans approved for Pc memorial



Permission has been granted for a tribute in Stratford to honour a brave police officer who died in the line of duty.

The metre-high stone memorial has been proposed by The Police Memorial Trust close to the

spot where Pc Gary Toms was fatally injured in Ashlin Road, Stratford on April 11, 2009.

Pc Toms, 37, a member of New Scotland Yard's CO19 firearms unit, suffered serious head injuries while attempting to confront suspected robbers. His life support machine was switched off on April 17.

Permission for the memorial was granted by the council. The Trust erected a memorial in Arthingworth Street, Stratford in memory of Pc Nina Mackay, who died in the line of duty in 1997.

Private fostering

If you're looking after a child aged under-16 (or under-18 if disabled) who stays with you for 28 days or more and is not a close relative you must inform the council.

Known as a private fostering arrangement, a child's parents or the private foster carers must notify their local authority of any arrangements. Parents are legally obliged to notify the council of private fostering arrangements as they are, and remain, responsible for the care of their children.

Notification is essential for the protection of the children or young people concerned.

Monday 22 February is the start of National Private Fostering week, which promotes private fostering awareness.

To notify the council of a private fostering arrangement, whether you're a parent or a young person, call 020 8430 2000 or visit www.newham.gov.uk/fostering



Young citizens quiz Olympic experts

Questions about how the Olympics and Paralympics relate to children in Newham were fired at the borough's young ambassadors at a recent event.

Young Mayor Kaycee de Belen, Deputy Aadilah Ismail and Youth Councillor Rosie Young all took a turn sitting on the panel of experts as part of the Citizenship 2010 programme - designed to engage students from 16 participating schools and raise literacy standards.

They were joined by members of the business community, former athletes, decision makers for the London 2012 Games and Newham Council's executive member for children and young people, Councillor Quintin Peppiatt.

Aadilah said: "The Youth Council has been working hard over the last few years to make sure that young people will benefit from the Olympic legacy.

"It's important for us to act as a voice for young people and get our views heard so we can enjoy a lasting legacy beyond 2012."

Turn to page 22 to read about Kaycee's recent meeting with the Chief Executive of the Olympic Park Legacy Company.



Olympic gold medallist and head of the Newham Sports Academy, Tessa Sanderson, taking part in the Question Time session



Deputy Young Mayor Aadilah Ismail (centre) with some of the participating students

Games that work to inspire

The final Olympic and Paralympic Games before ours have just started. They are struggling to find snow in Vancouver – a necessity at a Winter Olympics I would have thought!

It's worth reminding ourselves that the first thing we want from our Games is for it to be successful – ideally one where Team GB wins lots of medals and everyone has a good time.

However that is not why I supported the Games coming to London in general and Newham in particular. I supported it for the inspiration it can bring and for the challenges to our children and community.

“It's up to us as individuals to be the best we can be and make the most of our lives”

Thousands of the greatest athletes in the world coming here highlights the commitment we want from everyone. In addition, and maybe more inspiring, we will have the chance to meet and see thousands of Paralympic athletes – people that show every day how to overcome huge challenges – truly people we can learn from.

We live in a community that is in many ways very successful. When

asked, 86 per cent say we get on quite well together – in the most diverse place in the world.

Our education results are way above what might be expected because we have some excellent schools. The borough is getting cleaner – just look around at our streets – and I know for a fact that we get many fewer complaints than we used to. We have the lowest Council Tax in outer London and the biggest range of free activities in the capital.

But we need to do more. In particular, we need to get people into work – we have the third lowest level

of employment in the country. As a community we face the challenge of poor health, low skills and high child poverty. Work can help with all of these. Work gives people a sense of themselves; provides them with a sense of worth.

Olympians and Paralympians have challenged themselves to be the best they can be. We owe it to our kids, our neighbours and our friends to demand the same of ourselves. It's up to us as individuals to be the best we can be and make the most of our lives. And we can all start by getting everyone we possibly can to work.



Mayor's view

A prime example of quality care

Prime Minister Gordon Brown saw the excellent services available for older people at our Community Resource Centre in Chargeable Lane, Plaistow.

He came to highlight a Government announcement about personal care being provided free at home to those with the highest need. It is a scheme we already run.

The centre helps older people to remain independent but provides help when they really need it, be it hairdressing facilities, learning new skills in the kitchen or computer lessons.

The centre is a shining example of Newham going that extra mile to provide real help and a friendly face for older people when most needed.



I-r: Rose Saddington, Mr Brown, Albert Gwilliam, Gill Teather and Sir Robin in the Resource Centre kitchen



Sir Robin is joined by East Ham councillors and aspiring artists at Go Green

Pupils are green champions

I was impressed by children at Hartley Primary School in East Ham who showed me works of art they had made from recycled materials as part of a Go Green environmental awareness day.

It was good to see young people getting on board with the recycling message. We are all doing well in getting our recycling rates up but we must keep on going.

You can visit the council's website to get lots of useful information about recycling household materials, improving energy efficiency and how to minimise food waste as well as healthy eating guidance and tips on alternative transport such as cycling.

Working together for peace

I met Nobel Peace Prize winner Archbishop Desmond Tutu, a much loved figure across the world principally for his role in South Africa's struggle against apartheid.

The Archbishop visited Stratford to see the site of the 2012 Games and he told young people from the five Olympic and Paralympic host boroughs how sport can bring together different nations.

He spoke of what can be accomplished when people work together. It was an honour to shake him by the hand.



Open to question

If there is anything you want to discuss with me then pop along to my Question Time event on Saturday 13 March at the Old Town Hall, 29 Broadway, Stratford, from 9.30am to 10.30am. Everyone is welcome and I hope to see you there.

with Sir Robin Wales

GETTING TOUGH ON TRICKSTERS

Seeing may not be believing when it comes to street gambling. This London-wide unlicensed and illegal activity has duped many. We want your help to stop people falling foul of swindlers who are conning people across Newham.

Newham Council has joined forces with police Safer Neighbourhoods Teams to tackle street gambling groups operating across the borough who are swindling residents of up to £1,000 per day with illegal fixed betting on the streets.

The crackdown has already seen the council's police safer estate teams, who work within the community safety division, carry out intensive work on deterring gamblers from setting up stalls.

There have also been plain-clothed police operations and arrests. Electronic matrix boards in the street will warn potential victims of the scams taking place.

The police and the council are collating evidence to enable the council to apply to the courts for orders which would ban the gamblers from the area.

Councillor June Leitch, executive member for anti-social behaviour, said: "This is a growing problem across the capital but we are working with the police to collect CCTV evidence, identify the persons involved and take action against the most prolific offenders."

We need your help

If you've been a victim of a street gambling swindle tell us about it and help prosecute those responsible. Call the 24-hour confidential anti-social behaviour hotline free on 0800 731 3300.

A bad deal

A typical gambling scene involves a stallholder using a cardboard box as a makeshift table, with four or five accomplices posing as 'lucky' players who lure victims in by boasting about their wins. Cons include betting on which cup a ball is under or which disc has a white spot on the underside after the stallholder has shuffled them.

There are no real winners – the disc or cup can be switched or a correct bet trumped by a fake punter, ensuring that just the betting money is returned to the player and not the prize money at stake.



A typical gambling scene



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*NHS treatment is free if you're under 18, aged under 19 and in full-time education, pregnant or receiving certain benefits. For full details please visit NHS Choices website at www.nhs.uk
[†]Phone line open Monday-Friday from 9am-5pm.



Newham London

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- Plant bulbs that will flower in the spring
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Saturday 13 March
12noon - 4pm
Plaistow Park
Greengate Street, E13

Saturday 20 March
12noon - 4pm
Abbey Gardens
Bakers Row, E15



For more information: call 020 8430 2000
Email: yourparks@newham.gov.uk Or visit: www.newham.gov.uk

COMMUNITY SAFETY AT ITS CORE

Years of torment, vandalism and assault finally came to an end for East Ham businessman Jarbhagan Parmar thanks to a division of the council that works closely with the police in making our community safer.

The Community Safety Division is set around four neighbourhood teams that identify priority safety issues that affect your quality of life and put in place measures to avert, reduce and stop unacceptable behaviour.

Anti-social behaviour (ASB) officers working within the neighbourhood teams are among those who work closely with the police and other partners in sharing resources, gathering evidence and tackling concerns. It was this joined up approach that resulted in Jarbhagan Parmar's perpetrators sending him apology letters for the anguish they caused him and other businesses.

The group of youngsters intimidated customers and staff at Jarbhagan's greengrocers in High Street North and stole stock.

He contacted his local councillor and MP to ask them to intervene. He said: "I was put in touch with an ASB investigations officer from the council. He kept me informed and worked with the local police Safer Neighbourhoods Team. Together they helped secure a ban on the kids entering the area or causing a nuisance. I even got an apology letter from two of the youngsters."

Jarbhagan's tormentors were handed acceptable behaviour contracts and, more importantly, acknowledged that their behaviour was unacceptable.

ASB officers work with a range of support agencies for young people, vulnerable adults and families to deter individuals from crime and poor behaviour as early as possible. If this fails they will gather evidence for enforcement action by working with other agencies and talking to residents and businesses about

their experiences. The type of action that officers will take includes the following:

Acceptable Behaviour Contracts

(ABCs): voluntary agreements where anyone involved in crime and ASB recognises the impact of their behaviour and promises not to carry out any further anti-social behaviour activities.

Injunctions and ASBOs: orders issued by a court. A fine or imprisonment may result if the culprit's behaviour persists.

Possession proceedings; tenancy action can be taken against residents who live in council or housing association properties and are responsible for crime or ASB in their area.

Witnesses are crucial in securing successful prosecutions and sometimes have to go to court to give evidence. Although this can be a daunting experience the council has a specialist witness support scheme, where residents who have been through the process help those experiencing it for the first time.

Getting tough on ASB:

Recent action by the team

- > A six-month injunction was taken out in December against a mother and her two sons who were harassing residents in Canning Town
- > An East Ham council tenant who kept three large dogs in her flat without permission was handed a suspended possession order to remove the dogs within seven days after residents complained they roamed the flat's communal areas

HELP COMBAT ASB

Report:

- > intimidating groups
- > nuisance neighbours
- > anti-social behaviour caused by drugs or alcohol
- > noise nuisance and other environmental crime including abandoned vehicles, graffiti, dog fouling, illegal street trading and gambling, fly-tipping and litter

Call the 24-hour ASB hotline on 0800 731 3300; the call is free and confidential.

OUR PROMISE TO YOU

- > We will respond to all calls and prioritise concerns in your area to tackle the issues which matter most.
- > We will protect the victims of anti-social behaviour and deal with the perpetrators - where necessary, a community safety officer will contact you within two working days.
- > We will treat your complaint as confidential and personal information will only be shared on your terms.
- > We will report back on what action we have taken in your area so that you feel the difference.



An ASB investigations officer and street scene enforcement officer drop in on Jarbhagan Parmar

Move of the month

*Newham Sports
Academy Coach
Coral Nourrice talks us
through squats.*



If you want luscious legs and gorgeous gluts follow this simple exercise:

The squat

1. Stand with your feet apart, directly under your hips.
2. Standing tall, put your shoulders back, lift your chest, and pull in your stomach muscles.
3. Bend your knees, but keep your upper body as straight as possible, and lower yourself as if you're about to sit down. Go down without leaning your upper body more than a few inches forward, ensuring your knees and toes are in line.
4. Hold position for five seconds and then slowly stand up straight. Repeat exercise ten times.

Tip: To help with balance, extend your arms out in front of you as you squat, or place your hands on your hips.

Warm up at a Trim Trail

Before doing any exercise it's essential you warm up to prevent muscle damage. Jogging or walking briskly for ten minutes is the simplest way to do this. Why not head down to your local park and take in the sights of early spring?

You can compliment your squats with Trim Trail outdoor exercise equipment at Keir Hardie Recreation Ground, E16, Forest Lane Park, E7, Brampton Park, E6, or Canning Town Recreation Ground, E16.



Track Tuesdays

Serious about running or want to get in shape? Train with East End Road Runners on the track at Terence McMillan Stadium, behind Newham Leisure Centre, Prince Regent Lane, E13, every Tuesday from 6.45-8pm; for adults aged over 18. For more information visit www.eastendrr.co.uk



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Marc Bannerman (*EastEnders*),
Michael Bertenshaw,
Sophie Cosson,
Marcus Ellard,
Sheryl Gannaway,
Laura Howard (*Midsomer Murders*),
Cathy Murphy (*House of Eliott*),
Alison Newman (*Footballer's Wives*),
Sally Oliver (*Emmerdale*).



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— STRATFORD EAST —





Rose Saddington, left, and Albert Gwiliam meet the Prime Minister at the Community Resource Centre

Personal touch from the Prime Minister

Prime Minister Gordon Brown joked about his poor computer skills when he visited the borough to see some of the work being done to improve the health and quality of life of older people.

Mr Brown visited the council's Community Resource Centre in Chargeable Lane, Plaistow, to see the services on offer. It coincided with a Government announcement about free personalised health and social care being provided in people's homes.

He met one group learning basic computer skills and told them: "They are a great challenge these computers, aren't they?" He did admit that he was "too impatient" to use a spell check on his.

The Prime Minister, who was accompanied by social care minister Phil Hope, received a warm welcome at the centre from Mayor Sir Robin Wales before they all joined a group enjoying tea and coffee in the kitchen.

Mr Brown had a fan in Wyn Jones, 88, who applauded as he walked into the dining room. Mrs Jones, from East Ham, said afterwards: "It's lovely to see people. It shows you're not forgotten. It's nice to have dignitaries."

"It's lovely to see people. It shows you're not forgotten. It's nice to have dignitaries."

The Prime Minister said he was very impressed by the services offered at the centre, including foot care and hairdressing. He was also shown a range of gadgets including watches with built-in personal alarms, fall detectors and flood detectors.

"All this modern technology is going to help people to stay in their own homes and feel safe," he said.

Newham Council already provides



free personal care in their own homes to people with the greatest need. Councillor Joy Laguda, executive member for adults and older people, said: "We strongly support the principle of helping people to live independently in the comfort of their own surroundings for as long as possible, reducing hospital admissions.

"We already offer free personal care at home to people with the highest care needs but where an extra bit of help is required, the resource centre is here."

Martina Cole is Britain's top-selling novelist. Author of 16 books which have been translated into 28 languages, she has topped bestseller lists for the past 18 years.

Three of Martina's novels have been adapted for television and now for the first time ever, one of her works is about to premier on the stage.

Two Women, a story of the terrors of prison life and the pursuit of justice against the odds, is having its world premier at the Theatre Royal Stratford East. And Martina couldn't be happier.

"I'm over the moon," says Martina, "it's a fantastic theatre and it will be a great show. It's the perfect place for the play because it's the heartland of where I write about."

Born in Essex, Martina was quite the fan of east London when she was growing up. "I've got lots of friends in Newham and I used to hang around here. I actually think it's a great area, there's so much going on and so much history with the people that used

to live here."

Martina's books, widely available at Newham's libraries, include *Dangerous Lady*, *The Take*, and her latest, *Hard Girls*. These hard-hitting crime novels often feature an array of unsavoury characters. Yet far from glorifying violence, Martina's works ultimately show the negative side of violence and a life of crime.

"All my books say if you want to be in that kind of world, this is what'll happen to you. Violence can only ever destroy people, it can never do any good. My dad used to say, 'You may think you're hard but there's always someone harder than you that's going to come along.' And that's quite true."

A divorced single mum by the age of 18, Martina grew up in a poor working-class family and struggled to

make ends meet as a young adult. Now a multi-millionaire, Martina states: "I never forget where I've come from. I've got the same friends now as I've always had."

"I do charity work, I'm a patron of Women's Aid and an ambassador for Gingerbread [a charity for single parent families]. I do think it's important to give something back to your community. One of my friends said, 'Tina, you've never changed, you just drive a better car now!'"

To be in with a chance of winning a signed copy of *Two Women* and two tickets to see the show at the Theatre Royal, see page 27.

Top-selling author returns to the heartland





More options for mums-to-be

Newham University Hospital NHS Trust (NUHT) has introduced a new home birth team, giving mums-to-be more choice about where their child is born.



Mum Leanna and baby Kyran

The service was launched last year, with Leanna Vosper from Beckton one of the first Newham mums to

have her baby, Kyran, at home.

Leanna first discussed the idea with her GP who referred her to a midwife.

Leanna received regular visits and phone calls from her midwife and knew when she was on duty or who to contact

at other times. Most importantly, Leanna was given information so she could make informed decisions about the birth of her son. She said: "At first, I was quite worried about whether I had made the right choice but the whole process went better than I expected."

The day Leanna began having contractions the midwife was at her home within an hour. Leanna said: "I had the knowledge that if anything did go wrong I would be rushed to hospital, as the midwife had put them on standby."

After Kyran was born the midwife visited Leanna regularly until she transferred her care to the health visitor. Leanna said: "If I have more children, I would choose a home birth and would recommend it to other women."

"I preferred the one-to-one care, full

attention of the midwife and the way things were explained to me. The midwife gave me tips and advice, such as feeling where the baby was positioned and the different positions available to give birth.

"I wasn't afraid to ask questions and I learnt new things."

Feel at home

The home birth service is available to any woman living in Newham, including those having their first baby. If you would like to have a home birth speak to your midwife who will be able to give you more details and answer any questions.

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Ascension Centre

Baxter Road,
Custom House E16 2PB
020 7511 1232
Tuesday and Thursdays
10.30am - 1.30pm

Beckton Community Centre

14 East Ham Manor Way,
Beckton E6 5NG
020 7511 1214
Monday, Wednesday and Thursdays
10am - 3.30pm

Chandos Community Centre

Colegrave Road
Stratford E15 1DZ
020 8534 0140
Mondays 11am - 2pm

Chatsworth Community Resource Centre

4 Chatsworth Road,
Stratford E15 1RE
020 8555 4477
Wednesdays 12noon - 3pm
Drop-in café available weekdays
10am - 3pm

Cundy Community Centre

Hartington Road
Custom House E16 3NP
020 7474 6056
Monday - Thursdays 1pm - 3pm
Sundays 7 - 10pm

Field Community Centre

147 Station Road,
Forest Gate E7 OAE
020 8536 2800
Wednesdays only 12noon - 4pm

Hathaway Community Centre

Hathaway Crescent,
Manor Park E12 6LR
020 8548 4980
Thursdays only 11.30am - 3pm

Hibiscus Community Centre

Buckingham Road,
Stratford E15 1SP
020 8519 6159
Tuesday and Thursdays
11am - 3.30pm

Jeyes Community Centre

James Close,
Plaistow E13 9BB
020 8471 5856 or 020 8548 9825
Mondays 12noon - 4pm
Tuesdays 12.30 - 4.30pm
Wednesdays 1.30 - 6pm

Katherine Road Community Centre

254 Katherine Road,
Forest Gate E7 8PN
020 8548 9825
Monday, Tuesday and Thursdays
1 - 5pm

London Tamil Sangam

369 High Street,
Manor Park E12 6PG
020 8471 7672
Tuesday and Wednesdays
11am - 3pm

Malayalee Association of UK

671 Romford Road,
Manor Park E12 5AD
020 8553 4667
Tuesdays 1 - 4pm
Thursdays 10am - 3pm

Newham African Caribbean Resource Centre

627-633 Barking Road,
Plaistow E13 9EZ
020 8471 2258
Mondays 10am - 12noon
Wednesday and Thursdays
10am - 3pm

Rokeby Centre

63 Rokeby Street,
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Wednesdays 9.30am - 11.30am
Fridays 1 - 3pm

Sree Naryana Guru Mission

16 Barking Road,
East Ham E6 3BP
020 8471 0720
Monday and Tuesdays
10.30am - 2pm

St John's Community Centre

Albert Road,
North Woolwich E16 2JB
020 7476 1666
Tuesdays 10am - 12noon
Thursday and Fridays
12noon - 3pm

The Well Community Centre

49 Vicarage Lane,
East Ham E6 6DQ
020 8586 7070
Tuesday and Wednesdays
10am - 3pm

Trinity Community Centre

Bothwell Close,
Canning Town E16 1QS
020 7476 5120
Monday, Wednesday, Fridays
9.30am - 1pm

Trinity Community Centre

East Avenue,
Manor Park E12 6SG
020 8472 8947
Tuesdays 1.30 - 3.30pm
Wednesdays 1 - 3pm

Upton Centre

Claude Road,
Plaistow E13 0QB
020 8552 8647
Wednesday, Thursday and Fridays
11am - 2pm

Woodman Community Centre

Woodman Street
North Woolwich E16 2NF
020 7511 1214
Wednesdays 2 - 4pm

New this year

Plaistow Park Community Centre

63 Queens Road West
Plaistow E13 0PE
020 8552 1334
Monday and Tuesdays 1 - 4pm

Hoskins Community Centre

108 Hoskins Close
Canning Town E16 3RU
020 7511 1860
Monday and Wednesdays
12.30 - 2.30pm

Community Road Centre

Community Road
Stratford, E15 1JT
020 8534 0664
Wednesdays 12noon - 4pm

Granwell Community Centre

97 Whitwell Road
Plaistow, E13 8DA
020 7474 5930
Thursdays 12.30 - 3pm

Newham Leisure Centre

281 Prince Regent Lane
Plaistow E13 8SD
020 7511 4477
Wednesdays 9am - 12noon

East Ham Leisure Centre

324 Barking Road
East Ham
E6 2RT
020 8548 5850
Tuesdays 10am - 12

The Woodlands Centre

Hamilton Road
E15
Tel: 07951 097376
Thursdays 11am - 2pm

Jack Cornwell Centre

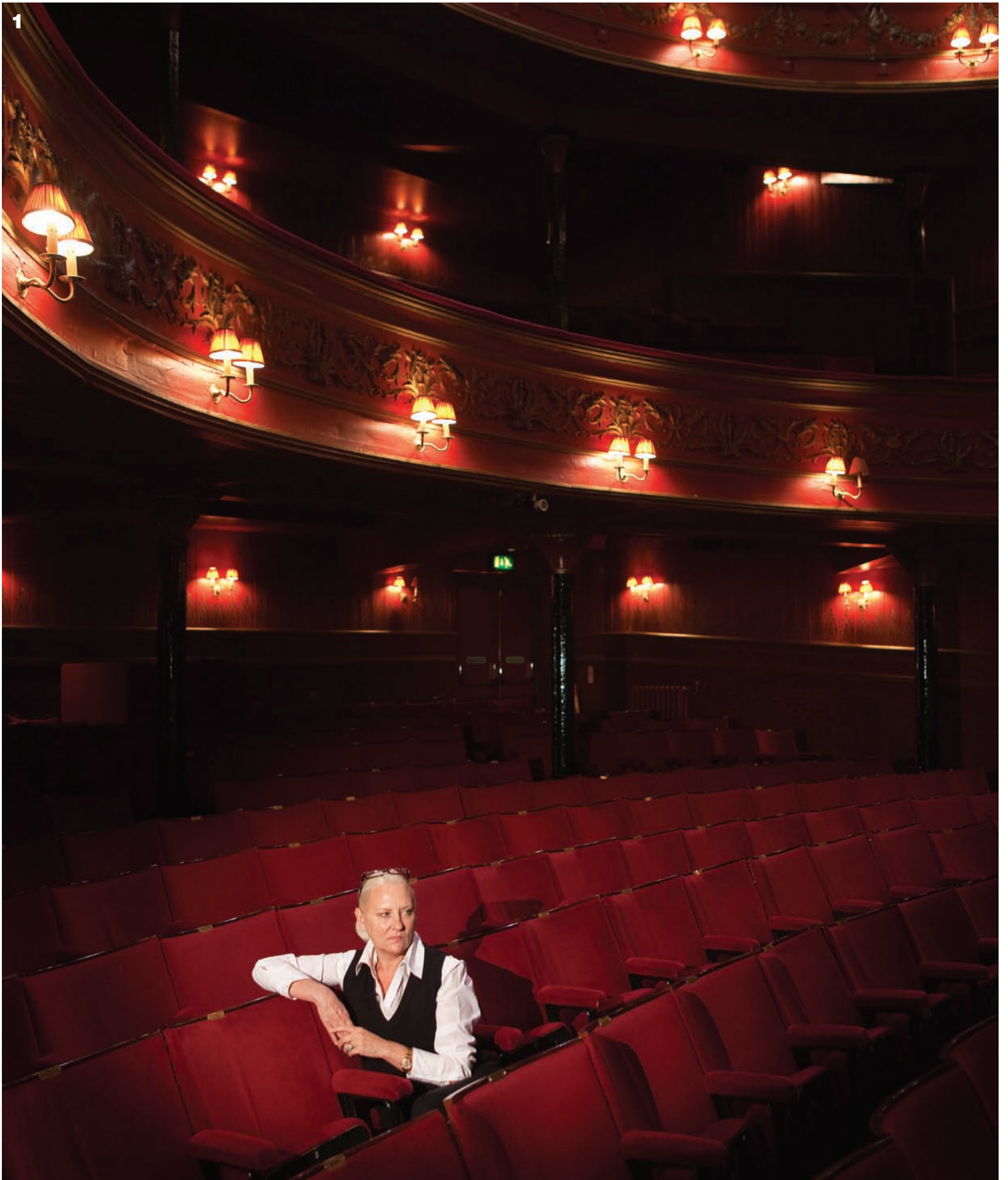
Jack Cornwell Street
Manor Park
E12 5NN
020 8553 3459
Fridays 1.30 - 3.45pm

Bryant Street Methodist Church

Bryant Street
Stratford
E15 4RU
020 8543 0085
Mondays 10am - 3pm

Durning Hall

Earlham Grove
Forest Gate
E7 9AB
020 8555 0142
Thursdays 1.30 - 3.45pm



Newham in pictures

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Newham London

Wake up to...

Sunday fun day



sunday 7 march

9am - 4.30pm

Stratford Park, town centre & Old Town Hall

Event Programme

A fun day packed with **FREE** entertainment for the whole family

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Welcome...



The London 2012 Olympic and Paralympic Games are all about inspiring people to set new ambitious targets and really go for them. That's why I am so thrilled that thousands have taken up the challenge of this year's Newham London Run.

Runners will get to see the incredible changes happening in the borough, including the construction of the largest shopping complex in London, Stratford City; the rapidly expanding Stratford Station; the scenic West Ham and Stratford parks, as well as the newly upgraded Greenway (a unique seven kilometre green corridor linking Hackney's Victoria Park to Beckton).

Runners will have the opportunity to enter the Olympic Park and pass in front of the Olympic Stadium where the Opening and Closing Ceremonies, as well as track and field events, will take place in 2012.

I would like to thank The London Organising Committee of the Olympic and Paralympic Games and the Olympic Delivery Authority for allowing this to happen, as well as the Olympic Park Legacy Company.

Once the run is over please spend the rest of the day at our fantastic free Sunday Fun Day. Newham is renowned for its free events which always promise something for everyone. There'll be loads going on in Stratford Park, in the town centre and the Old Town Hall, including live music and dance, sports demonstrations, street entertainers and lots of fun for younger children. I hope you enjoy the day.

Sir Robin Wales, Mayor of Newham



fun day event map

- 1** Stratford Park
- 2** Old Town Hall
- 3** Stratford Centre
- 4** Stratford Circus
- 5** Theatre Royal Bar
- 6** Discover Centre
- S** Start
- F** Finish

Listings may be subject to change

Newham London *Run2010*

Start and finish – Stratford Park

9am – Start of the 2.5k Newham London Family Fun Run

9.30am – Start of the 10k Newham London Run

Whether you're a runner or a spectator, don't miss the Newham London Run and Newham London Family Fun Run, which have been organised by Nova, organisers of Usain Bolt's 150m sprint in Manchester last year.

Stratford Park ①

West Ham Lane, E15

Extreme sports shows & workshops 10.30am-4.30pm

BMX, skateboard and in-line skate professional riders perform grinds, spins, flips and a range of technical moves on a halfpipe ramp. Coaching sessions in between the displays will give you the opportunity to take your skills to a higher level.

Sports demonstrations

12.30-4.30pm

An afternoon of action packed athletics agility challenges including speed bounce, balance beam, standing long jump, beanbag throw and shuttle run. There will also be handball and basketball training sessions, and football coaching on the tennis courts.

Big Beat 10am-4pm

The most innovative band ever to leap out of a pile of rubbish! The group will lead workshops throughout the day showing you how to produce incredible sounds on a multi-coloured array of industrial waste including gas pipes, shopping trolleys and even the kitchen sink!

Street theatre

9am-4.30pm

Look out for the interesting characters taking a stroll including the curious Buggetts and the striking Flying Fish.

Street dance workshops 10am-4pm

Join the experts and pick up some smooth moves during these street dance workshops. Street dance is a great way to learn to dance, keep fit and have fun.

Children's fun 9am-4.30pm

Head to the children's area and find loads of fun to keep young ones entertained with badge and mask making, face painting, arts workshops, a climbing wall, bouncy castles, fairground rides and lots more.



Fresh market from 9am

Between Stratford Centre & St John's Church, E15

Be healthy and get your hands on fresh produce from local traders at the outdoor market. Look out for strolling band, the Cosmic Sausages!

Old Town Hall Stratford ②

29 The Broadway, E15

Just Dance with special guest Strictly Come Dancing's Brendan Cole 12noon-6pm

Join dance sensation Brendan Cole as he seeks to find Newham's best dancer. From disco to tango, ballroom to Bollywood and street dance to salsa – we want to crown Newham's dance floor king or queen.

A panel of expert judges will whittle down the finest freestyle dancers in a range of styles.

Register at www.eastlondondance.org or call 020 8279 1050. Produced by East London Dance.

Plus:

**Honey's Dance Academy
RWA (Ready Willing Able) Dance Company
Deborah Day Theatre School Trust
I Love Salsa Kids Academy**

4-6pm: A chance for everyone to take to the dance floor for tea dancing with a live band.



Stratford Centre 3

Broadway, E15

Indoor running track 10.30am-4.30pm

If 10k is too much and sprinting is more your thing then put your speed to the test on the 40-metre track inside the Stratford Centre.

The Big Write on Tour with children's story making centre, Discover 11am-12noon / 12.45-1.45pm / 2.45-3.45pm

Join illustrator Philip Hood and Discover's Story Builder as they take you into a fantasy world. Full of fun drawing and craft making.

BMX show

From 10.30am

Incredible spins, balance and technical tricks performed using bikes in a way you would have never thought possible!

Art in the Mall 10.30am-4.30pm

Artists will work with children to create colourful masks and headdresses to take away.



Stratford Circus 4

Theatre Square, E15

Capoeira & Brazilian music workshops

10.30-11.15am, 11.30am-12.15pm, 1.15-2pm and 2.30-3.15pm

A chance for children to learn and sing Portuguese songs and take part in rhythmic movement at these free workshops combining martial arts with live music. Places are limited at each of the 45-minute workshops so arrive early to avoid disappointment. Suitable for children and families of all ages. **For more information call Stratford Circus on 020 8279 1002.**



Meet Jacqueline Wilson 3pm

Dame Jacqueline Wilson will be talking about her brand new book, Little Darlings. Wilson, one of the top five bestselling authors of the last decade will also talk about her life as a writer and answer questions from the audience. **Tickets £3, call 0844 357 2625**

Theatre Royal Bar 5

Theatre Square, E15 **2-5pm**

Basil Hodge Trio

Brilliant jazz trio combining piano, bass and drums.

Discover 6

1 Bridge Terrace, E15. The Big Write – Festival of Children's Literature 11am-5.30pm.

A blaze of words and stories light up the children's story centre Discover at its second festival of children's literature. Meet fantastic writers and illustrators including Chris Wormell's Wild Beasts. **Cost: £4.50 per person/£16 family of four/Newham residents concessions. Booking advisable. Call 020 8536 5555 or visit www.discover.org.uk**



Getting there:

DLR: Stratford. Tube: Stratford - Jubilee and Central lines. Buses: 25, 69, 86, 104, 108, 158, 238, 241, 257, 262, 276, 308, 473, D8, S2
Diversions may apply on bus routes.

No public parking, please use public transport. Very limited parking for Blue Badge holders will be available after 1pm on a first come, first served basis in Stratford Park, via gate on Densham Road. Wheelchair accessible toilets are available.

Dates for your diary. Don't miss Newham's fantastic FREE family summer events

The Mayor's Newham Show
Saturday 17
& Sunday 18 July
Central Park,
East Ham E6

Under the Stars
Thursday 26-Sunday 29
August
Four nights of free live music
Central Park, East Ham E6

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STRATFORD EAST



Stratford Circus





1 From page to stage – author Martina Cole visits Theatre Royal Stratford East as it prepares for the world-premier of *Two Women*. **2** Assembly attention: pupils at Drew Primary listen intently to Sir Robin Wales. **3** Playing chicken at the Big Garden Bird Watch Weekend at Forest Lane Park, Forest Gate. **4** No stalling when it comes to bargains: trader Doreen Bradley at Canning Town's Rathbone Market. **5** Home from home: the Athletes' Village in the Olympic Park begins to take shape.



The Saci diaries

Teaching at NewVic by day, being approached by Johnny Depp to turn her novel into a film by night, Saci Lloyd is the college tutor with a difference.

You may well have heard of Saci in the media recently as she graced our papers and airwaves with the news she'd turned down Hollywood actor Johnny Depp in his bid to turn her Carbon Diaries books into a film.

We caught up with the Head of Media Studies at Newham Sixth Form College to find out more about climate change, sassy teenagers and the fictional flooding of ExCeL and the Docklands in 2017.

How long have you worked at NewVic and what do you think of Newham?

This is about my eighth or ninth year here so a long time. Newham's a very vibrant area with a great mix of people. I particularly like Green Street and Forest

Gate; it's a nice mixed borough with lots of things going on.

Where did you come up with the idea for *The Carbon Diaries* books?

I'm not sure. I think it's something to do with when I walked past this newspaper stand and one newspaper was talking about how we're all going to fry in, like, 30 years time, and the other was how we're all going to freeze to death and I was like, 'Whoa, which one is it?!' So I started doing a load of research on that.

Your books paint a frightening picture of the world due to the effects of climate change. Do you hope your

novels will encourage readers to do more to protect the environment?

Definitely. It's not just about climate change but a range of global justice issues. Each person in the West uses up three planets worth of materials. The amount of greenhouse gases in the atmosphere is rising at an alarming pace. Climate change is the issue of the age.

Are you encouraged by the news Newham's increased its recycling rate from 15 to 20 per cent this year?

Yes, it's all good. I love to see it moving in the right way. But I want to see more bigger, better things like huge increases!

Does Newham feature much as a location in your books?

Newham's really big in the second book [*The Carbon Diaries 2017*], ExCeL, the Docklands, and Canning Town. The Thames Barrier is breached at the end of the first book [*The Carbon Diaries 2015*] and this area turns into flood lands. No one can really live there and there are these fabulous apartments which are now squatted in by super militants and students. Set in this location, Newham's completely at the heart of the revolution which features in the book.

How did it feel to say 'no' to Johnny Depp when he approached you to turn

***The Carbon Diaries* into a film?**

I haven't said no to him, more like 'maybe later.' I've said yes to Company Pictures who make [the TV programmes] *Skins* and *Shameless* and the idea is we do it as a British TV series to begin with then afterwards, if we can sell it on as an American TV series or a movie, I would work with Johnny Depp.

We're hoping very much that if it does get televised to set it here in Newham.

Some of your students have created a facebook-style portal, inspired by *The Carbon Diaries* for young people to discuss climate change. Do you think young people are concerned about

climate change and do you hope this portal will help them act on their concerns?

I hope so. The idea behind the portal is to inject loads of style into the subject of climate change so we can reach a different audience. We are still working on it but it's live now – www.carbondiaries.com

Find out more about the Carbon Diaries online forum from Sungeda Aktar, who worked on the project, in the next Newham Mag.



Our legacy, **our voice**

Securing a lasting legacy for Newham once the London 2012 Olympic and Paralympic Games are over is a key priority for our Young Mayor and Youth Council. Hosting 60 per cent of the Games is a wonderful and exciting time for the borough and making sure that we really benefit after all the athletes have gone home is a priority that Young Mayor Kaycee de Belen is keen to pursue.

To find out what plans are already being considered for the Olympic Park post-2012, Kaycee recently met Andrew Altman, Chief Executive of the Olympic Park Legacy Company (OPLC) at their offices in Stratford. The OPLC is responsible for developing and looking after the Park post-Games and aims to develop the site into a new and prosperous metropolitan area.

During the meeting, Kaycee asked questions ranging from what the OPLC's key aims were to how local residents could have their say on what they wanted to see after 2012.

Lots of things about the legacy and how the Park will be used are still to be decided. While it has been confirmed that

certain venues like the Olympic Stadium and Aquatics Centre will remain, Andrew said: "There's lots of room to decide how sports facilities are used."

Kaycee quizzed the CE on whether programmes like free swims for under 16-year-olds that Newham Council runs will be in operation in the Olympic Park. "We haven't decided anything right now, but we are working out how to make the Aquatics Centre and other venues accessible to Newham residents," said Andrew.

Kaycee also asked if there was anything specifically for young people

included in legacy plans. "We're totally an open slate," said Andrew. "Over the next year we want to work more with young people, particularly to say, 'how do we make this park work for you?'"

Kaycee was encouraged to hear that the OPLC wanted to involve local young people in deciding how the Park will be used post-Games through consultation events this summer and programmes in schools across the borough. She said: "The Youth Council are dedicated to making sure that we secure the best possible legacy for young people. Making sure organisations like the OPLC listen to us is a key way of making sure that Newham really benefits from being the main 2012 host borough."



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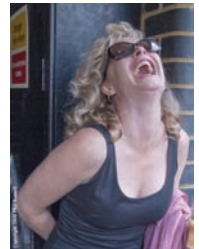
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YOUR SPACE

where young people take control

CREATIVE LEARNING

Last year Newham was one of the first places in the country to introduce a new style of learning called the diploma. Open to all secondary school students aged 14-19, diplomas offer a new style of practical learning.

Lister School students Jake Williams (JW) and Shannon Barnett (SB), are both studying the creative and media diploma. They share their experiences, which included meeting grime star Kano.

JW: With the diploma, most of the work is practical and you get a chance to work with people from the industry. I've learnt what working in the real world is like. I like the fact that teachers treat us like adults, which makes me want to work harder.

When I was approached about the diploma advert with Kano I was flattered. As well as filming the ad we had to write down a set of questions to ask the director and had a chance to speak to the people working on set. Being involved in the ad and meeting all the people behind-the-scenes was great.

SB: My uncle chose to study a creative and media diploma. He said it was a good experience, that you learn a lot outside the box. I prefer visiting places and not always sitting in a classroom all day.

From being on the course, I had the opportunity to take part in the advert featuring Kano. On the day of the shoot we toured the studio, met Kano and, as well as the advert, we helped make his music video. There were loads of takes!

If you prefer practical work then the diploma's for you. My advice is to choose the options you know you will like and you're good at. Don't follow your friends, do something you know you will get good grades in.



Jake Williams and
Shannon Barnett

Visit <http://yp.direct.gov.uk/diplomas/kano> to see Jake
and Shannon in action. Find out more about the different
diplomas available by visiting www.newhamsussed.co.uk



Use the green garden waste scheme to compost your flowers, weeds, grass cuttings and small branches.



You can pick up your orange bags at your local service centre or library.



**Play your part for
a Cleaner, Greener
Newham.**

NEWHAM YOY

Free family fun day

All are welcome to an African-themed free fun day brought to you by Newham Council and the IROKO Theatre Company.

Hands-on workshops taking place throughout the day include traditional African drumming and dance, African clay modelling, preparation and recipes for healthy African food as well as drumming and dance performances.

Head down to The Hub, 123 Star Lane, E16 on Saturday 27 February 2-5.30pm.

For more information call 020 8522 1950, email: info@irokotheatre.org.uk or visit www.irokotheatre.org.uk



Music industry take-over day

Calling all aspiring MCs, singers, DJs and young music industry professionals! Stratford based Urban Development is bringing you performances from top names in the urban music industry, essential master classes, open mic sessions and vocal and production workshops at Rich Mix in Shoreditch. Learn more about the music industry while watching performances from Master Shortie, Princess Nyah and more.

The event takes place on Saturday 6 March, from 12 noon to 8pm.

Tickets cost £5 in advance but for 100 lucky entrepreneurs there is the chance to get a FREE VIP business pass to the event. To apply visit www.urbandevelopment.co.uk/hot100



The Big Write at Discover

From 4-7 March the Discover Centre is hosting a festival of children's literature bound to amaze the ears and dazzle the mind. Over four days there's a bevy of brilliant workshops, readings, events and more for all the family.

Join a children's discussion on climate change or learn some new dance moves with Giraffes Can't Dance. Events include workshops for adults on writing and illustrating children's books.

The Big Write has been designed as the perfect family day out, so come and discover your favourite writer or stay all day and join the drop-in activities.

The Big Write

Discover, 1 Bridge Terrace, Stratford, E15
Thursday 4 to Sunday 7 March, concessions for Newham residents, family of four £16, under 2s free. Pre-booking advisable, visit www.discover.org.uk for a full list of activities or call 020 8536 5555.



DLR DELIGHT AT STRATFORD

Five Newham councillors recently took a behind-the-scenes tour of three stations on the new Docklands Light Railway (DLR) Stratford International extension.

Councillors Richard Crawford, Freda Bourne, Marie Collier, Pat Holland and Ron Manley visited new stations Stratford International, Abbey Road and Star Lane, which are all currently under construction.

The extension, which opens this summer, runs from Stratford International to Canning Town. It comprises seven stations including Stratford High Street, and the former North London Line stations at Stratford, West Ham and Canning Town.

Stratford and West Ham community lead councillor Richard Crawford said: "It's great to see these new stations coming to completion."



Win tickets to see **Two Women**

To celebrate the world-premier of *Two Women*, the Theatre Royal Stratford East is offering two lucky readers a pair of tickets to see the play and a copy of the novel signed by author Martina Cole.

To be in with a chance of winning simply answer the following question: **How many books has Martina Cole written to date?**

Send your answer with your name, age, address and phone number to **newham.mag@newham.gov.uk** or **Newham Mag, Newham Dockside, 1000 Dockside Road, E16 2QU.**

The show is recommended for those aged 16 and over and has an adult theme. Dates available to claim your prize are 26 February, 3 and 4 March with the performance starting at 7.30pm.



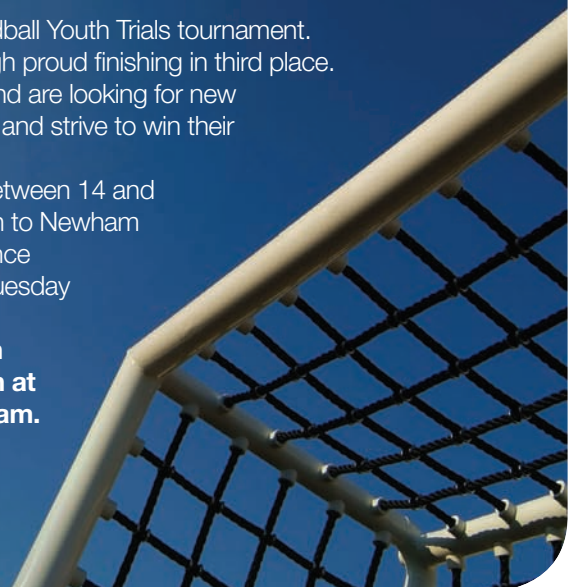
Newham's Flames on fire at Youth Handball Trial

Homegrown Newham Flames recently represented London at the England Handball Youth Trials tournament. Taking on seven other teams from across the country, the Flames did the borough proud finishing in third place.

Since their inception, the Flames have been going from strength to strength and are looking for new members interested in playing handball, and have vowed to continue to develop and strive to win their next tournament.

Handball is an Olympic sport still in its early stages in the UK. If you're aged between 14 and 19, then why not drop in to Newham Leisure Centre, 281 Prince Regent Lane, E13 on Tuesday evenings, 5– 6.30pm.

For more information contact Abul Hussain at Abul.Hussain@newham.gov.uk or by calling 020 3373 4119.



Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
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1000 DOCKSIDE ROAD, LONDON E16 2QU

GALLERY



Saima Nasrin, 7



Talvin Singh Rama, 11



Rene Addo, 7



Abdullah Khan, 8

Win tickets to Stratford Circus

Get in a spin with this fantastic prize from Stratford Circus. The winner shown on this page wins a family ticket for four to Jake and Cake, on Saturday 20 February. Get your entries in now for the chance of winning next month's prize to see The Honk Project on Saturday 20 March; you must be available to attend on this date. Send your pictures, jokes and poems to Kids' Corner, West Wing, 4th floor, Newham Dockside, 1000 Dockside Road, London E16 2QU. **Don't forget to write your name, age, address and contact telephone number on your entry – good luck!**



Stratford Circlets



Crossword

Across

1. Dark flavour of ice-cream (9)
6. Hard, chewy, pink or white sweet containing chopped nuts and cherries (6)
7. Elephant's long, pointed teeth (5)
8. Bargain event in a shop (4)
10. Lion's sign of the zodiac (3)
11. Groups of pupils (7)

Down

1. Wafers that hold ice-cream (5)
2. Young swans (7)
3. Its leaves are used in salad (7)
4. Shiny Christmas decoration (6)
5. Portugal's capital city (6)
9. Everyone (3)

Answers

Across 1. Chocolate 6. Nougat 7. Tusks 8. Sale 10. Leo 11. Classes
Down 1. Cones 2. Cygnets 3. Lettuce 4. Tinsel 5. Lisbon 9. All

Poem

Why did mum put Persil on top of the tele?

Because she had no Ariel

What's orange and sounds like a parrot? **A carrot**

What's green and hairy and goes up and down?

A gooseberry in a lift

by Savannah Harris, 7

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19 FEB – 5 MAR



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For more information email jason.hussain@met.police.uk or call 07701 056 323.

ALL LIBRARY LISTINGS

LOVE YOUR LIBRARIES

Mad Hatter Tea Parties

Most Newham's libraries will be hosting their very own versions of the Mad Hatter's tea party.

Monday 1 to Thursday 4 March, contact your local library for more details

Charlie Dark & Nick

Makoha – meet Newham's new Writers in Residence.

Stratford Monday 22 February 7-9pm

Alice in Wonderland

– story reading and craft for children from the much-loved classic book in celebration of National Story Telling Week.

Plaistow and East Ham libraries Thursday 4 March, 4-5pm

Movie Night – free showing of *Beloved* (15)

Stratford Thursday 4 March 6-8pm

Love Pod

celebrate World Book Day by making a video review of a book you love.

East Ham Friday 5 March 10am-5pm

Love Your Money

– get the know-how and confidence to make informed decisions on budgeting, borrowing, saving and choosing/using a bank account.

The Gate Friday 5 March 11am-12 noon

UNDER 5s GROUPS

All open to under 5s with their parents/carers.

Storytelling

Beckton Globe

Friday 10-11am

Canning Town

Monday 10.30-11.30am

Custom House

Tuesday 10.15-11.15am

East Ham Wednesday 2-3pm

The Gate Friday 11am-12noon

Green Street Thursday

10.30-11.30am

Manor Park Thursday

10.30-11.30am

North Woolwich

Thursday 2-3pm

Plaistow

Tuesday 11am-12noon

Stratford Tuesday 11am-

12noon and Friday 2-3pm

Crafts Club

Manor Park

Tuesday 10.30-11.30am

Toy Library

Beckton Globe Monday

10am-12noon and

Thursday 1-3pm

East Ham Tuesday

10am-12noon and Thursday

10am-12noon

Imaginative Play

East Ham Friday

10.30-11.30am

Messy Play

Beckton Globe Tuesdays

during school term 1.30-2.30pm

ADULT READING

Adult Reading Group

The Gate Tuesday 2 March

6.30-7.30pm

Plaistow Thursday 4 March

6.45-7.45pm

Over 50s Reading Group

Beckton Tuesday 2 March

9.45-11.45am

OTHER GROUPS

Over 50s Club

Beckton Globe

Tuesday 9.45-11.45am

Click-On – computer

sessions for over 50s

East Ham Friday

10am-12noon and 2-4pm

Plaistow Friday

10am-12noon and 2-4pm

ICT Surgeries

East Ham Friday 4-5pm

The Gate Thursday

10am-12noon

Manor Park Thursday

2-4pm

Writers' Group

The Gate Tuesday 23

February 5.30-7.30pm

Knit & Natter – craft group
for men and women of all ages
and abilities.

Beckton Wednesday

10am-12noon

North Woolwich

Tuesday 10am-12noon

YOUNG PEOPLE

Homework Club – For young
people aged seven to 14. School
term only.

Beckton Globe

Tuesday 4-6pm

Canning Town

Friday 3.30-5.30pm

Custom House

Tuesday 3.30-5.30pm

East Ham Monday 4-6pm

The Gate Thursday 4-6pm

Green Street Tuesday 4-6pm

Manor Park

Tuesday 3.30-5.30pm

North Woolwich

Thursday 3.30-5.30pm

Plaistow Thursday 4-6pm

Stratford Monday 4-6pm

Games Clubs – PS2 and

Xbox games, music, board

games and many more

activities for ages eight to 13.

Custom House

Monday 2-4pm

East Ham

Tuesday 3.30-5.30pm

Manor Park

Thursday 4-6pm

Teenage Games Club –

PS2 and Xbox games, music,
board games and many more
activities for ages 12-16.

Beckton Globe Monday and

Wednesday 3-5pm

Teen Xtra Evenings – Free

activities for ages 12-21.

The Gate Thursday 6-8pm

Stratford Playerz

Stratford Thursday 4 March

4pm-6pm

Family Reading Group – A

chance for children aged five
to 11 and their families to read
and have fun together.

The Gate Saturday 27

February 2.30-4pm

LIBRARY CONTACTS

Beckton Globe 1 Kingsford



Way, E6 5JQ. 020 8430 4063

Canning Town Barking Road,

E16 4HQ. 020 7476 2696

Custom House Prince

Regent Lane, E16 3JJ. 020

7476 1565

East Ham High Street South,

E6 6EL. 020 8430 3647

The Gate 4-20 Woodgrange

Road, Forest Gate, E7 0QH.

020 8430 3838

Green Street 337-341

Green Street, E13 9AR. 020

8472 4101

Manor Park Romford Road,

E12 5JY. 020 8430 2207

North Woolwich 5 Pier Parade,

E16 2LJ. 020 8430 5900

Plaistow North Street,

E13 9HL. 020 8472 0420

Stratford 3 The Grove,

E15 1EL. 020 8430 6890

Archives and Local Studies:

020 8430 6881

Community

Outreach Services

For more information call

020 8586 6541

Football

Newham NSP (free)

Five-a-side

- U14 & U18

Mon, 6.30-8.30pm

Newham Leisure Centre, E13

- 11-18

Wed, 5-8pm

Priory Park MUGA, E6

- 8-19

Wed, 5-6.30pm

Keir Hardie Park, E16

- Five-a-side, 8-19

Fri, 6-7.30pm

Scud Park, Tant Avenue,

Canning Town, E16.

- Mayor's Football League,

U14, U18,

Thurs, 4-6pm

Memorial Park

- Coaching and competition,

8-19,

Sun, 1-2pm

Winsor Park, E6

- Monthly tournament

U12, U14, U18, 10am-1pm

First Sat of the month

Plashet Park, E6

SPORTS PROGRAMME

Basketball

Newham NSP (free)

- Basketball coaching, 8-19

Mon, 7.30-9pm

Little Ilford Youth Centre, E12

- Basketball Competition, 8-19

Tues, 6-7.30pm

Lister School (Sports Hall), E13

- 3 v 3 league, 8-19

Thurs, 5-7pm

Forest Gate Youth Centre, E7

WHU Kickz (free)

Mon

- U14, 4-5.30pm

- 15+, 5.30-7.00pm

West Ham Community Astro

Turf (Beckton)

- 11-18, 5-8pm

Forest Gate Youth Centre, E7

Tues

- U14, 4-5.30pm

- 15+, 5.30-7pm

West Ham Community Astro



Call Eda on 020 8472 0058 for more information.

Mon, Eastlea multi-sports club for SEN & disabled young people, Eastlea Community School, E16, 4-5.30pm

Multi-Activities

People with Disabilities Club, Tues, Newham Leisure Centre, E13, 10.30am-12noon

Swimming

People with Disabilities Club, Tues, Newham Leisure Centre, E13, from 3-5pm

Newham Otters Swimming Club, Sat, Newham Leisure Centre E13, 4.45-5.45pm

The 3 Hs, Sun, Balaam Leisure Centre, E13, 12.30 -2pm

Trampolining / Fitness / Swimming

SEN and disabled adults at Newham Leisure Centre, E13, Tues, 10am-4pm

Get fit for free

Free use of the gym for one year for people with learning disabilities at Newham Leisure Centre on Tuesdays from 1.30-3.30pm. To book an induction you must contact Susy Massey on 020 7511 4477

Goalball

First Thursday of the month at Newham Club, Brampton Manor School from 5-7pm

B1 Football Club

Third Sunday of every month at East Ham Leisure Centre from 10am-12noon

ARTS LISTINGS

Stratford Circus

Aaron Counter and Liz Stephens are...

Mr and Mrs

Fri 19, Sat 20, Fri 26 and Sat 27 February 8pm

Tickets: £7 / £5 concession

Stand-up comedians are difficult people. They love adversity, they love controversy, but above all, they love themselves - so what if two comedians got married? Aaron Counter and Liz Stephens did. Then they wrote a show about it...

Jake and Cake

Saturday 20 February 3pm

Tickets £6 / £5 concession

Recommended age 6 plus

Jake has moved to the country. Missing his best friend Raymond, he wishes to be back in London. One day, a local girl called Cake tumbles into his life with stories of strange magic and ancient myths. Does she have special powers to find Raymond and will Jake ever believe her stories? As storm clouds gather, they move into the woods in search of friendship and the winding path home.

East London Dance with London Youth Dance and Sadler's Wells present Blueprint

Friday 26 and Saturday 27 February 8pm

Tickets: £9/ £5 concession

Fresh from the studio, Blueprint showcases the work of young dance makers and choreographers, as they bring the latest trends, freshest moves and rough-cut samples to the stage. Fresh, fun and ambitious, the future is dance, the future is Blueprint.

East London Dance with Impact Dance presents Two's A Company

Friday 5 March 8pm

Tickets: £12/ £8 concession

A dynamic programme of duets returns for a third season. A rare opportunity to see exciting and innovative UK choreographers challenge the concept and content of a duet, and explore what it is to be two.

Box Office: 0844 357 2625
www.stratford-circus.com



Theatre Royal Stratford East

Two Women

19 February-20 March 7.30pm

Matinee: 13 March at 2pm

Tickets: previews 19, 20 &

23 Feb – £10. Tues-Fri (+ Sat Matinee) – £8-£22.

Sat Evenings – £10-£22

An explosive thriller of betrayal, heartbreak, justice and redemption based on Martina Cole's bestselling novel.

Box Office: 020 8534 0310

www.stratfordeast.com

FREE COMMUNITY FORUM EVENTS

Green Factor

Saturday 27 February

10.30am-3pm

Cundy Park, Cundy Road, E16.

For more information call freephone 0800 519 4014.

Top tips from the green experts on growing your own fruit and veg whatever the amount of space you've got available. Free head and neck massages complimented by plenty of children's activities including face painting and bird-box making.

COMMITTEE MEETINGS

The following meetings all take place at Newham Town Hall, East Ham, unless specified.

Licensing (2003 Act) Sub-Committee

Fri 19 Feb, 10am

Council

Mon 22 Feb, 7pm

Newham Partnership – Children's Trust Board

Tues 23 Feb, 4.30pm

Overview and Scrutiny Committee

Tues 23 Feb, 7pm

Licensing (2003 Act) Sub-Committee

Wed 3 Mar, 10am

Development Control Committee

Wed 3rd Mar, 7pm

Meetings are subject to cancellation. Details of meetings, agendas and minutes are available on www.newham.gov.uk

The forward plan, also available on the Newham website, sets out all Key Decisions to be taken over the next four months. The March edition of the forward plan was published on 12 February.

OTHER EVENTS

Newham Swimming Club

Join this ASA affiliated competitive swimming club for ages eight and up.

Training most nights in Newham leisure centres.



Entry to the club is through monthly trials.

Contact John Harvey on 07749 724 696 to arrange attendance at a trial. Visit the website for more information: www.newhamswimmingclub.org.uk/howtojoin

Royal Falcons Football Club

Football for ages 6+
Beginners, boys/girls welcome
Tuesdays, 6.30-8pm and
Saturdays, 10.30am-12noon
Savage Playing Fields, Savage
Gardens, Beckton. £2-3 per

week for both sessions.

For more information call Nick on 07764 356 077.

Yoga classes

Every Friday
10.30-11.30am
The Hub, 123 Star Lane,
Canning Town, E13
Price £5
Low income/Student £3

Contact Karen
07908 232 377

Lunchtime Tai Chi at the Hub

Tai Chi is a gentle form of

exercise which is good for the mind, body and soul.

Every Saturday

The Hub, 123 Star Lane,
Canning Town, E16
12noon-1pm. Free!

For more information call the
Community Involvement Team
on 020 3150 0080

Multi sport sessions

13-19? Get active, improve
your confidence and aim to
gain a sporting qualification
at Grassroots ATP, Memorial
Park, West Ham, E15.

Girls: Mondays, 4-5pm

Boys: Wednesdays, 4.30-6pm

To find out more or to book a
place call 020 3150 0080

Track Tuesdays

Tuesdays, 6.45-8pm
Terence McMillan Stadium,
behind Newham Leisure
Centre, Prince Regent
Lane, E13.

Need to get practicing for
the Newham London Run or
simply want to get in shape?
Then join East End Road
Runners for a spot of training
for adults of all abilities aged
over 18. For more information
call 07979 261 647 or visit
www.eastendrr.co.uk

Nordic Walking

The fastest growing fitness
activity in the world. For
groups of between four to
12 people aged 14 and over,
experience a taster session
with Tug Wilson, local Nordic
walking instructor.

Sessions are £5, and take
place in parks across Newham
any time between 6.30-9pm
on convenient days for the
group. Equipment provided.
Contact Tug at tugwilson2@aol.com or call 07932 879 786
to book a session.

USEFUL NUMBERS

020 8430 2000

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just one number – for all
council enquiries

For questions about
councillor surgeries or to
find out which ward you live
in, call 020 8430 2000 or
visit www.newham.gov.uk/yourcouncillor

Write to Mayor Sir Robin
Wales at Newham Town
Hall, Barking Road, East
Ham E6 2RP or email
mayor@newham.gov.uk

For information about
Community Forums
freephone 0800 519 4015 or
email community.forums@newham.gov.uk

For information about the
2012 Games and how it will
affect Newham, visit www.newham.gov.uk/2012Games

To report anti-social
behaviour call Newham's
24-hour hotline on
0800 731 3300

To speak to the editor of
The Newham Mag, call
Anita Plaha on 020 8430
2000 or email newham.mag@newham.gov.uk

MILES DAVIS JAZZ CONCERT

Saturday 27 February at 8pm
St Edmunds Church & Centre,
464 Katherine Road, Forest Gate, E7

50th anniversary concert recreating the jazz world's best
selling album 'A Kind of Blue.'

Featuring first class musicians and interval wine
and nibbles.

Tickets £6 (£5 concessions)

**For more information or to
book your ticket email**
audriepage22@aol.com
or call 020 8471 0223.

**Tickets also available
on the door.**



Are you missing out on help towards your rent and Council Tax?

If you are on a low income, whether or not you work, you may be entitled to help towards your **rent and Council Tax**.

**Don't delay – find
out more today!**

Call **020 8430 2000**
Visit **www.newham.gov.uk**
or a **Local Service Centre**

Brought to you by the
Mayor of Newham

Newham London

Wake up to...

Sunday fun day



sunday 7 march

9am - 4.30pm

packed with **FREE** entertainment for the whole family

what's on

- live music and dance
- children's fun area
- sports demos
- street entertainers
- dance competitions
- and lots more for all ages!

location

Stratford Park, Town Centre & Old Town Hall

DLR: Stratford

Tube: Stratford - Jubilee and Central lines

Buses: 25, 69, 86, 104, 108, 158, 238, 241, 257,
262, 276, 308, 473, D8, S2 (diversions may apply)

www.newham.com
020 8430 2000

Supported by

Westfield
STRATFORD CITY

Newham London **Run2010**

9am - come early and cheer on the runners
in the 10k and 2.5k Newham London Runs